



Mindful tips and greetings from Elaine

Election results often bring worry to investors. Historically, volatility in these types of events last a couple days and then goes back to where things were before the headlines. Our country has a solid economic growth forecast for the coming 9-12 months. If we see some volatility and you are worried about it remember your long-term goals and call your advisor 😊.

Since we are into November and in the season of thankfulness, I was recently reminded of this quote, **“You don’t ‘have’ to. You ‘get’ to.”** We are very privileged and blessed in our country and easily forget the larger landscape. So, the next time you don’t feel like going to work or picking up dry cleaning or whatever the menial task at hand, remember that “you get to!”

My mom always says people remember how you make them feel. As we are heading into the holiday season here is a short article to remind yourself and the kids on the importance of gratitude and saying thank you. Good manners never go out of style.



<https://tinyurl.com/y9fdsmxk>

Until next time, have a wonderful Thanksgiving and thank you for being part of my journey!

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